

Breakfast

Served until 11:00am

	Energy per portion		Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut													
Bacon & Egg McMuffin®	1456	348		x	x								*	x	x							
Sausage & Egg McMuffin®	1797	430		x	x								*	x	x							
Egg & Cheese McMuffin®	1236	295		x	x								*	x	x							
Double Bacon & Egg McMuffin®	1676	401		x	x								*	x	x							
Double Sausage & Egg McMuffin®	2358	565		x	x								*	x	x							
Pancakes & Syrup	2019	477	V	x										x	x							
Pancakes with Sausage & Syrup	2580	612		x										x	x							
Flahavan's® Porridge Oats (Plain) with Milk	820	194	V	*	*	*	x							x								
Hash Brown†	568	136	VE																			
Bacon & Cheese Toastie	933	222		x									*	x	*							
Ham & Cheese Toastie	868	206		x									*	x	*							
Cheese Toastie	1035	247		x									*	x	*							
Breakfast Roll with Brown Sauce	2165	517		x	x	x				x			*	x	x							
Breakfast Roll with Tomato Ketchup	2148	513		x	*	*							*	x	x							
Bacon Roll with Brown Sauce	1497	356		x	x	x				x			*	*								
Bacon Roll with Tomato Ketchup	1478	351		x	*	*							*	*								
Muffin and Jam	888	211	V	x	x								*	x								

Summer Food Event

28/7/21 to 24/8/21

Subject to availability.

	Energy per portion		Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut													
BBQ Quarter Pounder™ with Cheese	2182	522		x	*	*							x	x						x		
Double BBQ Quarter Pounder™ with Cheese	3145	753		x	*	*							x	x						x		
McSpicy	2018	481		x	*	*							x	*	x			*		x		
Cheesy Garlic Bites	967	231		x									x					*		*		
Cheesy Garlic Bites - Sharebox	2900	694		x									x					*		*		
Rich Tomato Dip - 25ml	163	38	V																			
Mars McFlurry®	1499	357	V	*		x	x			x				x								
Mars Mini McFlurry®	750	178	V	*		x	x			x				x								
Twix McFlurry®	1512	360	V	x		*	*			x				x								
Twix Mini McFlurry®	756	180	V	x		*	*			x				x								

McCafé Iced Drinks

from 14/7/21

Subject to availability.

		Energy per portion		Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
		kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut													
Mint Choc Chip Iced Frappé	REGULAR	1194	284	V	*		*	*			*				x								
	LARGE	1467	349	V	*		*	*			*				x								
Raspberry Ripple Iced Cooler	REGULAR	1168	278	V											x								
	LARGE	1410	335	V											x								

Information correct at time of print, July 2021.

V = Suitable for vegetarians. VE = Suitable for vegans. X = Contains indicated allergen. * = May contain traces of indicated allergen (presence cannot be excluded). † Please note our Fries and Hash Browns may be cooked in the same oil as the other vegetarian products. 0 = Zero amount present or less than 0.5% RI. RI = Reference Intake. We are currently operating a reduced menu. Some items are not currently available and some ingredients may not be available during this period. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. While we try to keep things separate we cannot guarantee any item is allergen free even after ingredients have been removed on request. While there are no nut or peanut ingredients in the products listed on this leaflet we can't guarantee that our food is completely nut or peanut free. Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. While the ingredient information is based on standard product formulations, variations may occur. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to Ireland only and is subject to change without notice. Please check www.mcdonalds.ie for the most up-to-date information.



We only use 100% Irish Beef.
Oh, and a pinch of salt and pepper.

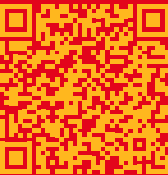


We only use 100% Irish milk for our teas, coffees and Happy Meal® milk bottles



We only use 100% chicken breast meat.
Across our whole range.

We also shell out for over two million eggs every year, from Greenfield Foods in Co. Monaghan.



For more information on the ingredients within our products please visit our website www.mcdonalds.ie/nutrition

Additional Information

We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. While we try to keep things separate we cannot guarantee any item is allergen free even after ingredients have been removed on request. While there are no nut or peanut ingredients in the products listed on this leaflet we can't guarantee that our food is completely nut or peanut free.

Please note our French Fries, Hash Browns and other promotional potato products can be cooked in the same oil as Veggie Dippers and other vegetarian products. All our buns, rolls and tortilla wraps are toasted in the same toaster as buns topped with sesame seeds.

If we can help by providing further information on any of our products, please let us know and we will be more than happy to do so.

For any further information please contact our Customer Services Team via our website - www.mcdonalds.ie



McDonald's Ireland ALLERGEN

information guide

SUMMER FOOD EVENT

Valid from 28th July 2021

For more information please visit our website and view the menu section at www.mcdonalds.ie/nutrition

We are currently operating a reduced menu. Some items are not currently available and some ingredients may not be available during this period.

Main Menu

[illegible]

Happy Meal®

[illegible]**Fries[†]**[illegible]

Salads

[illegible]

Big Flavour Wraps

Big Flavour Wraps	Energy per portion		Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & sulphites	Mustard	Molluscs	Lupin
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	kamut													
The Garlic Mayo Chicken One	CRISPY	2009	479	x	*	*						*	x	x			x		x			
	GRILLED	1451	345	x	*	*						*	x	x					x			
The Sweet Chilli Chicken One	CRISPY	1990	474	x	*	*						*	*	x			x		x			
	GRILLED	1432	340	x	*	*						*	*	x					x			
The BBQ & Bacon Chicken One	CRISPY	2098	500	x	*	*						*	*	x			x		x			
	GRILLED	1542	366	x	*	*						*	*	x					x			
The Fajita Chicken One	CRISPY	2012	479	x	*	*						*	x				x		*			
	GRILLED	1454	345	x	*	*						*	x									
The Spicy Veggie One		1532	364	VE	x	*	*					*	*						x			

Condiments & Sauces

[illegible]

Desserts

Desserts	Energy per portion		Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut													
Millionaire's Donut	1041	250	V	x			*		*					x	x							
Chocolate Brownie	1141	273	V	x			*		x					x	x							
Mixed Berry Muffin	1255	298	V	x			x		*					x	x							
Triple Chocolate Cookie	1342	320	V	x			*		x					x	x							
Sugar Donut	813	195	V	x			*		x					*	x							
Hot Apple Pie	1043	250		x		*								*								
Ice Cream Cone	596	142	V	x					x					x								
Ice Cream Cone with a Cadbury 99 Flake	777	185	V	x					x					x								
McFlurry® Maltesers®	1118	266	V	x		x	*		x					x								
McFlurry® Smarties®	1148	273	V	x		x			*					x								
McFlurry® Oreo®	1086	258	V	x					x					x								
Mini McFlurry® Maltesers®	559	133	V	x		x	*		x					x								
Mini McFlurry® Smarties®	574	137	V	x		x			*					x								
Mini McFlurry® Oreo®	543	129	V	x					x					x								

Drinks

[illegible]