

	Energy p	er portion		Ce	ereals	cont	ainin	g glut	ten										_			
Summer Food			Ę														eans		Dioxide			
Event 28/7/21 to 24/8/21 Subject to availability.	kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustace	Celery	Sulphur Di & Sulphite	Mustard	Molluscs	1
BBQ Quarter Pounder [™] with Cheese	2182	522		Х	*	*							Х	Х						Х		
Double BBQ Quarter Pounder™ with Cheese	3145	753		Х	*	*							Х	Х						Х		
McSpicy	2018	481		Х	*	*							Х	*	Х			*		Х		
Cheesy Garlic Bites	967	231		Х										Х				*		*		
Cheesy Garlic Bites - Sharebox	2900	694		Х										Х				*		*		
Rich Tomato Dip - 25ml	163	38	V																			
Mars McFlurry®	1499	357	V	*		Х	Х			Х				Х								
Mars Mini McFlurry®	750	178	V	*		Х	Х			Х				Х								
Twix McFlurry®	1512	360	V	Х		*	*			Х				Х								
Twix Mini McFlurry®	756	180	V	Х		*	*			Х				Х								

McCafé Iced		Energy p	er portion		Ce	ereals	cont	ainin	g glut	ten													
Drinks from 14/7/21 Subject to availability.		kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxid & Sulphites	Mustard	Molluscs	Lupin
Mint Choc Chip Iced Frappé	REGULAR	1194	284	V	*		*	*			*				Х								
	LARGE	1467	349	V	*		*	*			*				Х								
Raspberry Ripple Iced Cooler	REGULAR	1168	278	V											Х								
	LARGE	1410	335	V											Х								

Information correct at time of print, July 2021.

V = Suitable for vegetarians. VE = Suitable for vegans. X = Contains indicated allergen.* = May contain traces of indicated allergen (presence cannot be excluded).† Please note our Fries and Hash Browns may be cooked in the same oil as the other vegetarian products. 0 = Zero amount present or less than 0.5% Rl. Rl = Reference Intake. We are currently operating a reduced menu. Some items are not currently available and some ingredients may not be available during this period. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. While we try to keep things separate we cannot guarantee any item is allergen free even after ingredients have been removed on request. While there are no nut or peanut ingredients in the products listed on this leaflet we can't guarantee that our food is completely nut or peanut free. Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. While the ingredient information is based on standard product formulations, variations may occur. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to Ireland only and is subject to change without notice. Please check www.mcdonalds.ie for the most up-to-date information.







We only use 100% Irish milk for our teas, coffees and Happy Meal® milk bottles



We only use 100% chicken breast meat.

Across our whol range.

We also shell out for over two million eggs every year, from Greenfield Foods in Co. Monaghan.



For more information on the ingredients within our products please visit our website www.mcdonalds.ie/nutrition

Additional Information

We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. While we try to keep things separate we cannot guarantee any item is allergen free even after ingredients have been removed on request. While there are no nut or peanut ingredients in the products listed on this leaflet we can't guarantee that our food is completely nut or peanut free.

Please note our French Fries, Hash Browns and other promotional potato products can be cooked in the same oil as Veggie Dippers and other vegetarian products. All our buns, rolls and tortilla wraps are toasted in the same toaster as buns topped with sesame seeds.

If we can help by providing further information on any of our products, please let us know and we will be more than happy to do so.

For any further information please contact our Customer Services
Team via our website - www.mcdonalds.ie

McDonald's Ireland ALLERGEN information guide

SUMMER FOOD EVENT

Valid from 28th July 2021

For more information please visit our website and view the menu section at www.mcdonalds.ie/nutrition

We are currently operating a reduced menu. Some items are not currently available and

some ingredients may not be available during this period.

	Energy p	er portion	_ =	Ce	ereals	cont	ainin	gglut	en								ans		oxide s		_	
Main Menu	kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Big Mac®	2125	508		х	*	*							х	х	х					х		
Quarter Pounder™ with Cheese	2168	518		Х	*	*							Х	Х						Х		
Double Quarter Pounder™ with Cheese	3131	750		Х	*	*							х	Х						х		
Filet-o-Fish®	1379	329		Х									*	Х	Х	Х				Х		
McChicken® Sandwich	1627	388		х	*	*							х	*	х			*		х		
Chicken McNuggets® x 6	1083	259		Х		*								*				Х		*		
Chicken McNuggets® x 9	1625	388		х		*								*				х		*		
Chicken McNuggets® x 20 ShareBox	3612	863		Х		*								*				Х		*		
Chicken Legend® - Cool Mayo	2220	529		х	х	х							*	х	х			х		х		
Chicken Legend® - BBQ	2038	484		Х	Х	Х							*	Х				Х		Х		
Chicken Legend® - Hot & Spicy Mayo	2177	519		х	х	х							*	х	х			х		х		
Chicken Selects® x 3	1502	359		Х		*								*				Х		*		
Chicken Selects® x 5	2504	599		Х		*								*				х		*		
Hamburger	1053	250		Х	*	*							*	*						Х		
Cheeseburger	1262	301		Х	*	*							*	Х						х		
Double Cheeseburger	1859	445		Х	*	*							*	Х						Х		
Bacon Double Cheeseburger	2070	495		Х	*	*							*	Х						х		
Triple Cheeseburger	2456	588		Х	*	*							*	Х						Х		
Mayo Chicken	1337	319		х	*	х							*	*	х			*		х		
Bacon Mayo Chicken	1550	370		х	*	Х							*	*	х			*		Х		
Vegetable Deluxe	1593	380	٧	Х	*	*							Х	*	Х					х		
Veggie Dippers x 4	1339	321	VE																			

	Energy p	er portion	⊆	Ce	reals	cont	ainin	g glut	en								ans		oxide			
Happy Meal®	kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Hamburger	1053	250		Х	*	*							*	*						х		
Cheeseburger	1262	301		Х	*	*							*	Х						Х		
Chicken McNuggets® x 4	722	173		Х		*								*				Х		×		
Fish Fingers x 3	813	194		Х												Х						
Grilled Chicken Wrap	765	181		Х	*	*							*	*								
Crispy Chicken Wrap	1044	248		Х	*	*							*	*				Х		*		
Veggie Dippers x 2	670	160	VE																			
Small Fries†	990	237	VE																			
Fruit Bag - Apple & Grape	194	46	VE																			
Fruit Bag - Melon	73	17	VE																			
Carrot Bag	141	34	VE																			
Cucumber Sticks	52	12	VE																			
Low Fat Irish Milk - 250ml	512	122	٧											Х								
Robinsons Fruit Shoot	40	10	VE																			
Tropicana® Orange Juice	430	103	VE																			
Bottled Water (still)	0	0	VE																			
Bottled Water (still)	0	0	VE																			

	Energy pe	er portion	rian	Се	ereals	cont	ainin	g glut	en								ans		oxide s		s	
Fries [†]	kJ	kcal	Vegetari	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustace	Celery	Sulphur Di & Sulphite	Mustard	Molluses	lubin
Small	990	237	VE																			
Medium	1410	337	VE																			
Large	1855	444	VE																			
Twisty Fries	2056	492	VE																			

		Energy pe	er portion	⊊	Ce	reals	cont	ainin	g glut	en								ans		oxide			
Salads		kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Side Salad		77	18	٧																			
Crispy Chicken & Bacon Salad		1320	315		Х		*								Х				Х		Х		
Crispy Chicken Salad		1109	265		Х		*								х				Х		х		
Grilled Chicken & Bacon Salad		770	183																				
Grilled Chicken Salad		560	133																				
D 1 1 D 1 00		96	23	VE																			
Balsamic Dressing - 30g		Energy pe	er portion	_	Ce	reals	cont	ainin	g glut	en								us		cide			
Big Flavour Wraps		Energy po	er portion	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut ne	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Big Flavour	CRISPY			Vegetarian							Soya	Nuts	Peanuts	* Sesame	X Wilk	× Eggs	Fish	Crustaceans	× Celery	Sulphur Dioxide & Sulphites	× Mustard	Molluscs	Lupin
Big Flavour Wraps		kJ	kcal	Vegetarian	Wheat	Rye	Barley				Soya	Nuts	Peanuts		_	_	Fish	Crustaceans		Sulphur Dioxide & Sulphites		Molluscs	Lupin
Big Flavour Wraps	CRISPY	kJ 2009	kcal 479	Vegetarian	× Wheat	* Rye	* Barley				Soya	Nuts	Peanuts	×	Х	X	Fish	Crustaceans		Sulphur Dioxide & Sulphires	Х	Molluscs	Lupin
Big Flavour Wraps The Garlic Mayo Chicken One	CRISPY GRILLED	kJ 2009 1451	kcal 479 345	Vegetarian	× wheat	* Rye	* * Barley				Soya	Nuts	Peanuts	*	X X	X X	Fish	Crustaceans	Х	Sulphur Dioxide & Sulphites	X X	Molluscs	Lupin
Big Flavour Wraps The Garlic Mayo Chicken One	CRISPY GRILLED CRISPY	kJ 2009 1451 1990	kcal 479 345 474	Vegetarian	X Wheat	* * Rye	* * Barley				Soya	Nuts	Peanuts	* *	X X *	X X	Fish	Crustaceans	Х	Sulphur Dioxide & Sulphites	x x x	Molluscs	Lupin
Big Flavour Wraps The Garlic Mayo Chicken One The Sweet Chilli Chicken One	CRISPY GRILLED CRISPY GRILLED	kJ 2009 1451 1990 1432	kcal 479 345 474 340	Vegetarian	X X Wheat	* * * Rye	* * Barley				Soya	Nuts	Peanuts	* * * *	X X *	x x x	Fish	Crustaceans	x	Sulphur Dioxide & Sulphites	x x x	Molluscs	Lupin
Big Flavour Wraps The Garlic Mayo Chicken One The Sweet Chilli Chicken One	CRISPY GRILLED CRISPY GRILLED CRISPY	kJ 2009 1451 1990 1432 2098	kcal 479 345 474 340 500	Vegetarian	X X X X	* * * * * * * *	* * * Barley				Soya	Nuts	Peanuts	* * * * *	X X * *	X X X X	Hish	Crustaceans	x	Sulphur Dioxide & Sulphites	X X X X	Molluscs	Lupin
Big Flavour Wraps The Garlic Mayo Chicken One The Sweet Chilli Chicken One The BBQ & Bacon Chicken One	CRISPY GRILLED CRISPY GRILLED CRISPY GRILLED	kJ 2009 1451 1990 1432 2098 1542 2012	kcal 479 345 474 340 500 366	Vegetarian	X X X X	* * * *	* * * Barley				Soya	Nuts	Peanuts	* * * * * *	X X * *	X X X X	HS:T	Crustaceans	x x	Sulphur Dioxide & Sulphires	X X X X X	Molluscs	Lupin

0		Energy p	er portion	_	Ce	ereals	cont	ainin	g glut	en								ans		Dioxide			
Condiments & Sauces		kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Mik	Eggs	Fish	Crustace	Celery	Sulphur Dio & Sulphites	Mustard	Molluscs	Lupin
Tomato Ketchup	10g	50	12	VE																			
Mayo Dip	20g	511	124	٧												Х					Х		
BBQ Dip	30g	207	49	VE																	Х		
Sweet Curry Dip	30g	213	50	VE															Х		Х		
Sweet & Sour Dip	30g	185	44	VE	Х		Х				Х								Х				
Smoky BBQ Dip	50g	357	84	٧																			
Sweet Chilli Dip	50g	378	89	٧																			
Sour Cream & Chive Dip	50g	578	140	٧											Х	Х							
Butter	7g	208	51	٧											Х								
Strawberry Jam	15g	166	39	٧																			
Pancaka Syrun	40a	560	132	V																			

The Spicy Veggie One

1532 364 VE x * * x

	Energy pe	er portion	_	Ce	ereals	cont	ainin	g glut	en								ans		xide			
Desserts	kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lubin
illionaire's Donut	1041	250	V	х			*			*				х	х							
hocolate Brownie	1141	273	٧	Х			*			Х				Х	Х							
ixed Berry Muffin	1255	298	V	х			х			*				Х	х							
riple Chocolate Cookie	1342	320	V	Х			*			Х				Х	Х							
ugar Donut	813	195	V	Х			*			Х				*	х							
ot Apple Pie	1043	250		Х		*								*								
e Cream Cone	596	142	٧	Х						Х				Х								
e Cream Cone with a Cadbury 99 Flake	777	185	٧	Х						Х				Х								
cFlurry® Maltesers®	1118	266	٧	х		х	*			х				х								
cFlurry® Smarties®	1148	273	٧	Х		Х				*				Х								
cFlurry® Oreo®	1086	258	٧	х						х				х								
ini McFlurry® Maltesers®	559	133	٧	Х		Х	*			Х				Х								
ini McFlurry® Smarties®	574	137	V	х		х				*				х								
ini McFlurry® Oreo®	543	129	٧	Х						Х				Х								

		Energy p	er portion	_	Ce	reals	cont	aining	g glut	en								sui		xide			
5				Vegetarian	at		ey	"	±	Ħ	_	"	nuts	ame				Crustaceans	2	Sulphur Dioxide & Sulphites	Mustard	Molluscs	_
Drinks		kJ	kcal	Vege	Wheat	Rye	Barley	Oats	Spel	Kamut	Soya	Nuts	Peanuts	Sesame	Μij	Eggs	Fish	Crus	Celery	Sulph & Sul	Mus	Mol	Lupin
coca-Cola® Classic	SMALL	451	106	VE																			
	MEDIUM	721	170	VE																			
	LARGE	901	212	VE																			
anta Orange®	SMALL	200	48	VE																			
	MEDIUM	320	76	VE																			
	LARGE	400	95	VE																			
Diet Coke®	SMALL	4	1	VE																			
	MEDIUM	6	1	VE																			
	LARGE	7	2	VE																			
coca-Cola® Zero Sugar®	SMALL	4	1	VE																			
	MEDIUM	6	1	VE																			
	LARGE	7	2	VE																			
prite No Sugar®	SMALL	13	3	VE																			
	MEDIUM	20	4	VE																			
	LARGE	25	5	VE																			
chocolate Milkshake	SMALL	808	192	٧											Х								
	MEDIUM	1536	364	٧											х								
	LARGE	1972	468	V											Х								
trawberry Milkshake	SMALL	792	188	٧											х								
	MEDIUM	1501	356	٧											Х								
	LARGE	1932	458	٧											х								
anilla Milkshake	SMALL	810	192	٧											х								
	MEDIUM	1543	366	٧											х								
	LARGE	1977	469	٧											Х								
Mango & Pineapple	REGULAR	791	187	٧											х								
ced Fruit Smoothie	LARGE	1020	241	V											х								
aramel	REGULAR	1337	319	V											Х								
ced Frappé	LARGE	1674	399	V											Х								
rozen Strawberry Lemonade	REGULAR	854	201	V											*								
	LARGE	1085	255	V											*								
ced Latte		427	102	V											Х								
yons Tea (with 1 Milk)	REGULAR	26	6	V											Х								
yons Tea (with 2 Milks)	LARGE	50	12	V											Х								
mericano	REGULAR	23	6	V											*								
	LARGE	32	8	V											*								
Vhite Coffee	REGULAR	229	54	V											Х								
	LARGE	313	74	V											Х								
atte	REGULAR	610	145	٧											Х								
	LARGE	828	197	V											Х								
Cappuccino	REGULAR		97	٧											Х								
	LARGE														X *								
spresso	SINGLE		1	٧											*								
	DOUBLE		1	V																			
offee Latte	REGULAR		187	V											X								
lat White			232 86	V											X								
lat White lot Chocolate	8oz REGULAR			V											X								
iot officulate	LARGE		173 231								X				X								
ropicana® Orange Juice	LANGE	430		V							٨				^								
Sottled Water	STILL			VE																			
Robinsons Fruit Shoot	JILL	40		VE																			