

We handle multiple allergens in our kitchens and cannot guarantee any item is allergen free.

Drinks

		Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
			Wheat	Rye	Barley	Oats	Spelt	Kamut													
Coca-Cola® Zero Sugar®	SMALL	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Sprite No Sugar®	SMALL	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Diet Coke®	SMALL	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Coca-Cola® Classic	SMALL	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Fanta Orange® Zero	SMALL	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Oasis® Zero Summer Fruits	SMALL	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
IRN BRU (Scotland only)	SMALL	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Banana Milkshake	SMALL	V											✓								
	MEDIUM	V											✓								
	LARGE	V											✓								
Chocolate Milkshake	SMALL	V											✓								
	MEDIUM	V											✓								
	LARGE	V											✓								
Strawberry Milkshake	SMALL	V											✓								
	MEDIUM	V											✓								
	LARGE	V											✓								
Vanilla Milkshake	SMALL	V											✓								
	MEDIUM	V											✓								
	LARGE	V											✓								
Tropicana® Orange Juice		VE																			
Tropicana® Apple Juice		VE																			
Bottled Water	STILL	VE																			
Robinsons Fruit Shoot		VE																			
Flat White	8oz	V											✓								
Toffee Latte	REGULAR	V											✓								
	LARGE	V											✓								
Latte	REGULAR	V											✓								
	LARGE	V											✓								
Cappuccino	REGULAR	V											✓								
	LARGE	V											✓								
Americano	REGULAR	V											*								
	LARGE	V											*								
White Coffee	REGULAR	V											✓								
	LARGE	V											✓								
Hot Chocolate	REGULAR	V							✓				✓								
	LARGE	V						✓					✓								
PG tips Tea (with 1 Milk)	REGULAR	V											✓								
PG tips Tea (with 2 Milks)	LARGE	V											✓								
Espresso	SINGLE	V											*								
	DOUBLE	V											*								
Iced Latte	REGULAR	V											✓								
	LARGE	V											✓								
Caramel Iced Frappé	REGULAR	V	*						*				✓								
	LARGE	V	*						*				✓								
Mango & Pineapple Smoothie	REGULAR	V	*						*				*								
	LARGE	V	*						*				*								

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Breakfast

Served until 11:00am

	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Breakfast Wrap with Ketchup		✓	*	*							*	✓	✓							
Breakfast Wrap with Brown Sauce		✓	*								*	✓	✓							
Sausage & Egg McMuffin®		✓	✓								*	✓	✓							
Bacon & Egg McMuffin®		✓	✓								*	✓	✓							
Double Sausage & Egg McMuffin®		✓	✓								*	✓	✓							
Double Bacon & Egg McMuffin®		✓	✓								*	✓	✓							
Egg & Cheese McMuffin®		✓	✓								*	✓	✓							
Sausage Sandwich with Ketchup		✓	*	*							*	✓								
Sausage Sandwich with Brown Sauce		✓	*								*	✓								
Muffin with Jam	V	✓	✓								*	✓								
Porridge (GB only) \$ ¥	V	*		*	✓							✓								
Flahavan's® Porridge Oats (Plain) with Milk (NI only) \$ ¥	V	*	*	*	✓							✓								
Pancakes & Syrup	V	✓										✓	✓							
Pancakes with Sausage & Syrup		✓										✓	✓							
Cheesy Bacon Flatbread		✓	*	*							*	✓								
Hash Brown¹	VE																			

January Food Promotion 2026

05/01/26 - 02/02/26

Subject to availability.

	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Surf & Turf		✓	*	*							*	✓		✓				✓		
Chicken Cheeseburger		✓	*	*							*	✓				*		✓		
Big Arch®		✓	*	*							✓	✓	✓					✓		
Chicken Big Mac®		✓	*	*							✓	✓	✓			✓		✓		
Chilli Cheese Bites - 4 pieces		✓										✓				*				
Chilli Cheese Bites Sharebox® - 12 pieces		✓										✓								
Rich Tomato Dip	VE																			
Big Mac® Dip	V											✓							✓	
The Fajita Chicken One - Grilled		✓	*	*							*	✓	✓						✓	
The Fajita Chicken One - Crispy		✓	*	*							*	✓	✓			✓		✓		
Apple Pie McFlurry®		✓		*								✓								
Galaxy Caramel McFlurry®	V	*		*	*			✓				✓								
Galaxy Caramel Mini McFlurry®	V	*		*	*			✓				✓								
Espresso Shake	V											✓								
Frozen Strawberry Lemonade - Regular	V											*								
Frozen Strawberry Lemonade - Large	V											*								
Coconut latte - Regular	V											✓								
Coconut latte - Large	V											✓								
Coconut Hot Chocolate	V							✓				✓								
Available in participating restaurants only																				
Caramel Syrup	V																			
Vanilla Syrup	V																			



McDonald's® UK ALLERGEN

information guide

JANUARY FOOD PROMOTION

Valid from 5th January to 2nd February 2026



For more information please visit our website and view the menu section www.mcdonalds.co.uk/nutrition

Recipes change every now and again, so please check the leaflet regularly.

Additional Allergen Information

We prepare our food in kitchens where allergens are present and shared equipment is used. Although we handle your meal with care, we cannot ensure it is allergen free, even if requested ingredients are removed. While there are no nuts or peanuts in our products, we cannot guarantee they are completely nut or peanut-free.

Please note:

- Our buns, rolls and tortilla wraps are toasted in the same toaster as buns topped with sesame seeds.
- Due to the handling of cheese we cannot guarantee our products do not contain traces of milk, including where a request has been made to remove cheese from an order.
- Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers.
- Delivery orders: we also cannot guarantee your meal will not come into contact with other allergens during delivery. Couriers may transport other McDonald's orders or orders from other businesses at the same time as your McDonald's order.
- Always check the packaging / product label for ingredients list and allergen information.

For any further information please contact our Customer Services Team via our website – www.mcdonalds.co.uk

- ✓

Contains indicated allergen
- *

May contain traces of indicated allergen (presence cannot be excluded)
- V

Suitable for vegetarians
- VE

Suitable for vegans
- †

Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers
- 0

Zero amount present
- §

Does not include optional condiments
- ¥

Available in selected restaurants only

Information correct at time of print, January 2026.

Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to UK only and is subject to change without notice. Please check www.mcdonalds.co.uk/nutrition for the most up-to-date information.



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Main Menu

	Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
	Wheat	Rye	Barley	Oats	Spelt	Kamut														
Big Mac®		✓	*	*							✓	✓	✓					✓		
Quarter Pounder™ with Cheese		✓	*	*							✓	✓						✓		
Double Quarter Pounder™ with Cheese		✓	*	*							✓	✓						✓		
McCrispy®		✓	✓	*							✓	*	✓			*		✓		
McSpicy®		✓	*	*							✓	*				*		✓		
McChicken® Sandwich		✓	*	*							✓	*				*		✓		
Filet-o-Fish®		✓								*	✓	✓	✓					✓		
Double Filet-o-Fish®		✓								*	✓	✓	✓					✓		
McPlant®	VE	✓	*	*							✓	*						✓		
Vegetable Deluxe	VE	✓	*	*							✓	*						✓		
Chicken Selects® x 3		✓										*				✓				
Chicken Selects® x 5		✓										*				✓				
Chicken McNuggets® x 4		✓										*				✓				
Chicken McNuggets® x 6		✓										*				✓				
Chicken McNuggets® x 9		✓										*				✓				
Chicken McNuggets® x 20 (serves 4)		✓										*				✓				
9 Chicken Selects® Sharebox®		✓										*				✓				
The McDonald's Chicken Sharebox®		✓										*				✓				
Veggie Dippers x 4	VE																			
Hamburger		✓	*	*							*	*						✓		
Cheeseburger		✓	*	*							*	✓						✓		
Double Cheeseburger		✓	*	*							*	✓						✓		
Mayo Chicken		✓	*	*							*	*	✓			✓		✓		

Happy Meal®

	Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
	Wheat	Rye	Barley	Oats	Spelt	Kamut														
Hamburger		✓	*	*							*	*						✓		
Cheeseburger		✓	*	*							*	✓						✓		
Chicken McNuggets® x 4		✓										*				✓				
Veggie Dippers x 2	VE																			
McFish®		✓	*	*							*	*		✓						
Small Fries¹	VE																			
Fruit Bag – Apple Slices	VE																			
Fruit Bag – Pineapple Stick	VE																			
Fruit Bag – Melon Chunks	VE																			
Carrot Bag	VE																			
Cucumber Sticks	VE																			
Organic Semi-Skimmed Milk	V											✓								
Robinsons Fruit Shoot	VE																			
Tropicana® Orange Juice	VE																			
Bottled Water (still)	VE																			

Fries†

	Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
	Wheat	Rye	Barley	Oats	Spelt	Kamut														
Small	VE																			
Medium	VE																			
Large	VE																			

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Salads

	Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
	Wheat	Rye	Barley	Oats	Spelt	Kamut														
Grilled Chicken Salad		*										*								
Grilled Chicken & Bacon Salad		*										*								
Crispy Chicken Salad		✓										*				*				
Crispy Chicken & Bacon Salad		✓										*				*				
Side Salad	V	*										*								
Balsamic Dressing – 30g	VE																			

Big Flavour Wraps

		Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
		Wheat	Rye	Barley	Oats	Spelt	Kamut														
The Sweet Chilli Chicken One	GRILLED		✓	*	*							*	*	✓					✓		
	CRISPY		✓	*	*							*	*				✓		✓		
The BBQ & Bacon Chicken One	GRILLED		✓	*	*							*	*	✓				✓	✓		
	CRISPY		✓	*	*							*	*	✓			✓		✓		
The Spicy Veggie One		VE	✓	*	*							*	*						✓		

Condiments & Sauces

		Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
		Wheat	Rye	Barley	Oats	Spelt	Kamut														
Tomato Ketchup	25ml	VE																			
BBQ Dip	25ml	VE																	✓		
Sweet Curry Dip	25ml	VE															✓		✓		
Sweet & Sour Dip	25ml	VE	✓		✓			✓									✓				
Smoky BBQ Dip	40g	V																			
Sweet Chilli Dip	40g	VE																			
Lurpak® Spreadable	8g	V											✓								
Strawberry Jam	15g	V																			
Pancake Syrup	40g	V																			
Flora® Original	10g	V											*								
Golden Syrup	20g	V																			
Sweet & Smoky BBQ Dip	40g	V																			
Garlic Mayo Dip	40g	V												✓					✓		

Desserts

	Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
	Wheat	Rye	Barley	Oats	Spelt	Kamut														
Chocolate Brownie	V	✓		*			✓					✓	✓							
Mixed Berry Muffin	V	✓		✓			*					✓	✓							
Sugar Donut	V	✓		*			✓					*	✓							
Hot Apple Pie		✓		*								*								
McFlurry® Smarties®	V	✓		✓	*		*					✓								
McFlurry® Oreo®	V	✓		*	*		✓					✓								
Mini McFlurry® Smarties®	V	✓		✓	*		*					✓								
Mini McFlurry® Oreo®	V	✓		*	*		✓					✓								