		5	Ce	ereals	conta	aining	y glut	en								ans		bxide			
Drinks		Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lunin
Coca-Cola® Zero Sugar®	SMALL																				
	MEDIUM LARGE																				
Sprite No Sugar®	SMALL	_																			
· · · · · ·	MEDIUM																				
Diet Coke <sup>®</sup>	LARGE																				
Diet Coke®	SMALL MEDIUM																				
	LARGE																				
Coca-Cola® Classic	SMALL																				
	MEDIUM LARGE																				
Fanta Orange® Zero	SMALL																				
	MEDIUM	_																			
	LARGE																				
Oasis® Zero Summer Fruits	SMALL																				
	MEDIUM LARGE	_																			
IRN BRU (Scotland only)	SMALL	_																			
	MEDIUM																				
Devenue Adducto des	LARGE																				
Banana Milkshake	SMALL MEDIUM												$\checkmark$								
	LARGE	_											v √								
Chocolate Milkshake	SMALL	V											$\checkmark$								
	MEDIUM	-											$\checkmark$								
Strawberry Milkshake	LARGE SMALL												$\checkmark$								
Strawberry Milkshake	MEDIUM												v √								
	LARGE												$\checkmark$								
Vanilla Milkshake	SMALL												$\checkmark$								
	MEDIUM	•											$\checkmark$								
Tropicana® Orange Juice	LARGE	VE											×								
Tropicana <sup>®</sup> Apple Juice		VE																			
Bottled Water	STILL																				
Robinsons Fruit Shoot		VE																			
Flat White Toffee Latte	8oz REGULAR	V											$\checkmark$								
	LARGE												$\checkmark$								
Latte	REGULAR												$\checkmark$								
	LARGE												$\checkmark$								
Cappuccino	REGULAR LARGE												$\checkmark$								
Americano	REGULAR	V											*								
	LARGE	V											*								
White Coffee	REGULAR												$\checkmark$								
Hot Chocolate	LARGE REGULAR	-											$\checkmark$								
not chocolate	LARGE								• √				v √								
PG tips Tea (with 1 Milk)	REGULAR	V											$\checkmark$								
PG tips Tea (with 2 Milks)	LARGE												$\checkmark$								
Espresso	SINGLE DOUBLE												*								
Iced Latte	REGULAR												° √								
	LARGE												$\checkmark$								
Caramel Iced Frappé	REGULAR		*						*				$\checkmark$								
	LARGE	V	*						*				$\checkmark$								
Mango & Pineapple Smoothie	REGULAR		*						*				*								

#### Breakfast Served until 11:00am Breakfast Wrap with Ketchup ✓ \* **Breakfast Wrap with Brown Sauce** Breakfast Roll with Tomato Ketchup ✓ \* ✓ \* 🗸 🗸 **Breakfast Roll with Brown Sauce** \* \* Bacon Roll with Tomato Ketchup ✓ \* \* \* Bacon Roll with Brown Sauce \* 🗸 Sausage & Egg McMuffin® Bacon & Egg McMuffin® \* 🗸 Double Sausage & Egg McMuffin® Double Bacon & Egg McMuffin® \* Egg & Cheese McMuffin® Mighty McMuffin® with Tomato Ketchup Mighty McMuffin® with Brown Sauce **Muffin with Jam** V Porridge (GB only) §¥ Flahavan's® Porridge Oats (Plain) with Milk (NI only) 💱 🗸 \* \* \* 🗸 Pancakes & Syrup

VE

We handle multiple allergens in our kitchens and cannot guarantee any item is allergen free.

Pancakes with Sausage & Syrup **Cheesy Bacon Flatbread** Hash Brown<sup>†</sup>

July	Food	
	notion	2025

July Food		Ce	reals	cont	ainin	g glut	en								s		de			
Promotion 2025	an									6					ear		ioxi es	-	ŝ	
30/07/25 - 09/09/2025	etar	at		ey		÷	Ħ		6	jų,	me		s	_	stac	Ž	μġ	tari	nsc	5
Subject to availability.	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Chicken Big Mac <sup>®</sup>	-	~	*	*	Ŭ						<b>√</b>	$\checkmark$	$\checkmark$			~		$\checkmark$		
Spicy Chicken McNuggets® x 6		$\checkmark$										*				*				
Spicy Chicken McNuggets® x 9		$\checkmark$										*				*				
Spicy Chicken McNuggets® x 20		$\checkmark$										*				*				
Spicy Chilli Dip	VE																			
The Fajita Chicken One - Grilled		$\checkmark$	*	*							*	$\checkmark$	$\checkmark$					$\checkmark$		
The Fajita Chicken One - Crispy		$\checkmark$	*	*							*	$\checkmark$	$\checkmark$			$\checkmark$		$\checkmark$		
Jaffa Cake McFlurry®	V	$\checkmark$		*	*			$\checkmark$				$\checkmark$								
Jaffa Cake Mini McFlurry®	V	$\checkmark$		*	*			$\checkmark$				$\checkmark$								
Chilli Cheese Bites		$\checkmark$										$\checkmark$				*				
Chilli Cheese Bites Sharebox®		$\checkmark$										$\checkmark$				*				
Big Arch		$\checkmark$	*	*							$\checkmark$	$\checkmark$	$\checkmark$					$\checkmark$		
Steakhouse Stack		$\checkmark$	*	*							$\checkmark$	$\checkmark$								
Big Tasty		$\checkmark$	*	*							$\checkmark$	$\checkmark$	$\checkmark$							
Big Tasty with Bacon		$\checkmark$	*	*							$\checkmark$	$\checkmark$	$\checkmark$							
Frank's RedHot® Mayo dip	V												$\checkmark$							
Regular Frozen Cherry Lemonade																				
Large Frozen Cherry Lemonade																				
Medium Biscoff® Frappé	V	$\checkmark$						*				$\checkmark$								
Large Biscoff® Frappé	V	$\checkmark$						*				$\checkmark$								
Green Apple X Sprite	VE																			
Mango Passionfruit X Sprite	VE																			
Double Filet-o-Fish®		$\checkmark$									*	$\checkmark$	$\checkmark$	$\checkmark$				$\checkmark$		
Milky Way® McFlurry®	V	$\checkmark$		*	*			$\checkmark$				$\checkmark$								
Milky Way® Mini McFlurry®	V	$\checkmark$		*	*			$\checkmark$				$\checkmark$								
	ilable ir	n part	icipat	ting r	estau	rants	only					-	_		_					
McFish®		V X									^	Ŷ		V X						
Fish Bites - 5 pieces		V	*	*							*	÷		V						
Saver Bacon Roll with Ketchup Saver Bacon Roll with Brown Sauce		V (	*								*	*								
		V	*	√ *							*									
Sausage Sandwich with Ketchup		$\checkmark$	*								*	V								
Sausage Sandwich with Brown Sauce		$\mathbf{v}$	Ŷ	V							^	~								

# **McDonald's® UK ALLERGEN**

information guide

# **JULY FOOD PROMOTION** Valid from 30<sup>th</sup> July to 9<sup>th</sup> September 2025



For more information please visit our website and view the menu section www.mcdonalds.co.uk/nutrition

Recipes change every now and again, so please check the leaflet regularly.

de la

# F G S G G

# Additional Allergen Information

We prepare our food in kitchens where allergens are present and shared equipment is used. Although we handle your meal with care, we cannot ensure it is allergen free, even if requested ingredients are removed. While there are no nuts or peanuts in our products, we cannot guarantee they are completely nut or peanut-free.

## **Please note:**

- Our buns, rolls and tortilla wraps are toasted in the same toaster as buns topped with sesame seeds.
- Due to the handling of cheese we cannot guarantee our products do not contain traces of milk, including where a request has been made to remove cheese from an order.
- Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers.
- Delivery orders: we also cannot guarantee your meal will not come into contact with other allergens during delivery. Couriers may transport other McDonald's orders or orders from other businesses at the same time as your McDonald's order.

For any further information please contact our Customer Services Team via our website – www.mcdonalds.co.uk

- Contains indicated allergen
- \* May contain traces of indicated allergen (presence cannot be excluded)
- V Suitable for vegetarians
- VE Suitable for vegans
- † Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers
- 0 Zero amount present
- § Does not include optional condiments
- ¥ Available in selected restaurants only

# Information correct at time of print, July 2025.

Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to UK only and is subject to change without notice. Please check www.mcdonalds.co.uk/nutrition for the most up-to-date information.

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	5	Ce	ereals	cont	ainin	g glut	en								ans		sxide			
Main Menu	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	
Big Mac <sup>®</sup>		$\checkmark$	*	*							$\checkmark$	$\checkmark$	$\checkmark$					$\checkmark$		
Quarter Pounder™ with Cheese		$\checkmark$	*	*							$\checkmark$	$\checkmark$						$\checkmark$		
Double Quarter Pounder™ with Cheese		$\checkmark$	*	*							$\checkmark$	$\checkmark$						$\checkmark$		
McCrispy <sup>®</sup>		$\checkmark$	$\checkmark$	*							$\checkmark$	*	$\checkmark$			*		$\checkmark$		
McSpicy <sup>®</sup>		$\checkmark$	*	*							$\checkmark$	*				*		$\checkmark$		
McChicken <sup>®</sup> Sandwich		$\checkmark$	*	*							$\checkmark$	*				*		$\checkmark$		
Filet-o-Fish®		$\checkmark$									*	$\checkmark$	$\checkmark$	$\checkmark$				$\checkmark$		
McPlant <sup>®</sup>	VE	$\checkmark$	*	*							$\checkmark$	*						$\checkmark$		
Vegetable Deluxe	VE	$\checkmark$	*	*							$\checkmark$	*						$\checkmark$		
Chicken Selects® x 3		$\checkmark$										*				$\checkmark$				
Chicken Selects® x 5		$\checkmark$										*				$\checkmark$				
Chicken McNuggets® x 4		$\checkmark$										*				$\checkmark$				
Chicken McNuggets® x 6		$\checkmark$										*				$\checkmark$				
Chicken McNuggets® x 9		$\checkmark$										*				$\checkmark$				
Chicken McNuggets® x 20 (serves 4)		$\checkmark$										*				$\checkmark$				
9 Chicken Selects® Sharebox®		$\checkmark$										*				$\checkmark$				
The McDonald's Chicken Sharebox®		$\checkmark$										*				$\checkmark$				
Veggie Dippers x 4	VE																			
Hamburger		$\checkmark$	*	*							*	*						$\checkmark$		
Cheeseburger		$\checkmark$	*	*							*	$\checkmark$						$\checkmark$		
Double Cheeseburger		$\checkmark$	*	*							*	$\checkmark$						$\checkmark$		
Bacon Double Cheeseburger		$\checkmark$	*	*							*	$\checkmark$						$\checkmark$		
Triple Cheeseburger		$\checkmark$	*	*							*	$\checkmark$						$\checkmark$		
Chilli Double Cheeseburger		$\checkmark$	*	*							*	$\checkmark$				*		$\checkmark$		
Mayo Chicken		$\checkmark$	*	*							*	*	$\checkmark$			$\checkmark$		$\checkmark$		
Bacon Mayo Chicken		$\checkmark$	*	*							*	*	$\checkmark$			$\checkmark$		$\checkmark$		

We handle multiple allergens in our kitchens and cannot guarantee any item is allergen free.

	E	C	ereals	cont	ainin	gglut	en								an		s xi			
Happy Meal®	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustacean	Celery	Sulphur Dioxid & Sulphites	Mustard	Molluscs	Lupin
Hamburger		$\checkmark$	*	*							*	*						$\checkmark$		
Cheeseburger		$\checkmark$	*	*							*	$\checkmark$						$\checkmark$		
Chicken McNuggets® x 4		$\checkmark$										*				$\checkmark$				
Fish Fingers x 3		$\checkmark$												$\checkmark$						
Veggie Dippers x 2	VE																			
Small Fries <sup>†</sup>	VE																			
Fruit Bag – Apple Slices	VE																			
Fruit Bag – Pineapple Stick	VE																			
Fruit Bag – Melon Chunks	VE																			
Carrot Bag	VE																			
Cucumber Sticks	VE																			
Organic Semi-Skimmed Milk	V											$\checkmark$								
Robinsons Fruit Shoot	VE																			
Tropicana® Orange Juice	VE																			
Bottled Water (still)	VE																			
	u	С	ereals	cont	ainin	g glut	en								eans		ioxide			
Fries	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Small	VE																			

VE

Medium

#### We handle multiple allergens in our kitchens and cannot guarantee any item is allergen free.

	Ę	Ce	ereals	cont	ainin	g glut	en								ans		oxide			
Salads	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustace	Celery	Sulphur Di & Sulphite:	Mustard	Molluscs	Lupin
Grilled Chicken Salad		*										*								
Grilled Chicken & Bacon Salad		*										*								
Crispy Chicken Salad		$\checkmark$										*				*				
Crispy Chicken & Bacon Salad		$\checkmark$										*				*				
Side Salad	V	*										*								
Balsamic Dressing – 30g	VE																			

		=	Ce	reals	cont	ainin	g glut	en								ans		oxide *			
Big Flavour Wraps		Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustace	Celery	Sulphur Dio & Sulphites	Mustard	Molluscs	Lupin
The Sweet Chilli Chicken One	GRILLED		$\checkmark$	*	*							*	*						$\checkmark$		
	CRISPY		$\checkmark$	*	*							*	*	$\checkmark$			$\checkmark$		$\checkmark$		
The BBQ & Bacon Chicken One	GRILLED		$\checkmark$	*	*							*	*	$\checkmark$					$\checkmark$		
	CRISPY		$\checkmark$	*	*							*	*	$\checkmark$			$\checkmark$		$\checkmark$		
The Caesar & Bacon Chicken One	GRILLED		$\checkmark$	*	*							*	$\checkmark$	$\checkmark$					$\checkmark$		
	CRISPY		$\checkmark$	*	*							*	$\checkmark$	$\checkmark$			$\checkmark$		$\checkmark$		
The Spicy Veggie One		VE	$\checkmark$	*	*							*	*						$\checkmark$		

		c	Ce	reals	cont	ainin	g glut	en								sue		xide				
Condiments & Sauces		Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
Tomato Ketchup	25ml	VE																				
BBQ Dip	25ml	VE																	$\checkmark$			
Sweet Curry Dip	25ml	VE															$\checkmark$		$\checkmark$			
Sweet & Sour Dip	25ml	VE	$\checkmark$		$\checkmark$				$\checkmark$								$\checkmark$					
Smoky BBQ Dip	40g	V																				
Sweet Chilli Dip	40g	VE																				
Lurpak® Spreadable	8g	V											$\checkmark$									
Strawberry Jam	15g	V																				
Pancake Syrup	40g	V																				
Flora® Original	10g	V											*									
Golden Syrup	20g	V																				
Sweet & Smoky BBQ Dip	40g	V																				
Garlic Mayo Dip	40g	V												$\checkmark$					$\checkmark$			

	5	Ce	reals	cont	aining	g glut	en								eans		Dioxide tes			
Desserts	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	~	Celery	Sulphur Dio & Sulphites	Mustard	Molluscs	Lupin
Chocolate Brownie	V	$\checkmark$			*			$\checkmark$				$\checkmark$	$\checkmark$							
Mixed Berry Muffin	V	$\checkmark$			$\checkmark$			*				$\checkmark$	$\checkmark$							
Triple Chocolate Cookie	V	$\checkmark$			*			$\checkmark$				$\checkmark$	$\checkmark$							
Sugar Donut	V	$\checkmark$			*			$\checkmark$				*								
Hot Apple Pie		$\checkmark$										*								
McFlurry® Maltesers®	V	$\checkmark$		$\checkmark$	*			$\checkmark$				$\checkmark$								
McFlurry® Smarties®	V	$\checkmark$		$\checkmark$	*			*				$\checkmark$								
McFlurry® Oreo®	V	$\checkmark$		*	*			$\checkmark$				$\checkmark$								
Mini McFlurry® Maltesers®	V	$\checkmark$		$\checkmark$	*			$\checkmark$				$\checkmark$								
Mini McFlurry® Smarties®	V	$\checkmark$		$\checkmark$	*			*				$\checkmark$								
Mini McFlurry® Oreo®	V	$\checkmark$		*	*			$\checkmark$				$\checkmark$								