

We handle multiple allergens in our kitchens and cannot guarantee any item is allergen free.

Drinks

		Energy per portion		Vegetarian	Cereals containing gluten																		
		kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Coca-Cola® Zero Sugar®	SMALL	4	1	VE																			
	MEDIUM	6	1	VE																			
	LARGE	7	2	VE																			
Sprite No Sugar®	SMALL	13	3	VE																			
	MEDIUM	20	4	VE																			
	LARGE	25	5	VE																			
Diet Coke®	SMALL	4	1	VE																			
	MEDIUM	6	1	VE																			
	LARGE	7	2	VE																			
Coca-Cola® Classic	SMALL	451	106	VE																			
	MEDIUM	721	170	VE																			
	LARGE	901	212	VE																			
Fanta Orange® Zero	SMALL	13	3	VE																			
	MEDIUM	20	4	VE																			
	LARGE	25	5	VE																			
Oasis® Zero Summer Fruits	SMALL	37	7	VE																			
	MEDIUM	60	12	VE																			
	LARGE	75	15	VE																			
IRN BRU (Scotland only)	SMALL	203	48	VE																			
	MEDIUM	324	76	VE																			
	LARGE	405	95	VE																			
Banana Milkshake	SMALL	793	188	V																			
	MEDIUM	1507	357	V																			
	LARGE	1935	459	V																			
Chocolate Milkshake	SMALL	808	192	V																			
	MEDIUM	1536	364	V																			
	LARGE	1972	468	V																			
Strawberry Milkshake	SMALL	792	188	V																			
	MEDIUM	1501	356	V																			
	LARGE	1932	458	V																			
Vanilla Milkshake	SMALL	810	192	V																			
	MEDIUM	1543	366	V																			
	LARGE	1977	469	V																			
Tropicana® Orange Juice		430	100	VE																			
Bottled Water	STILL	0	0	VE																			
Robinsons Fruit Shoot		36	8	VE																			
Flat White	8oz	362	86	V																			
Toffee Latte	REGULAR	785	187	V																			
	LARGE	975	232	V																			
Latte	REGULAR	610	145	V																			
	LARGE	828	197	V																			
Cappuccino	REGULAR	407	89	V																			
	LARGE	538	120	V																			
Americano	REGULAR	23	6	V																			
	LARGE	32	8	V																			
White Coffee	REGULAR	229	54	V																			
	LARGE	313	74	V																			
Hot Chocolate	REGULAR	727	173	V																			
	LARGE	974	231	V																			
PG tips Tea (with 1 Milk)	REGULAR	26	6	V																			
PG tips Tea (with 2 Milks)	LARGE	50	12	V																			
Espresso	SINGLE	3	1	V																			
	DOUBLE	5	1	V																			
Frozen Strawberry Lemonade	REGULAR	854	201	V *																			
	LARGE	1085	255	V *																			
Iced Latte	REGULAR	574	136	V																			
	LARGE	699	166	V																			
Caramel Iced Frappé	REGULAR	1337	319	V *																			
	LARGE	1674	399	V *																			
Mango & Pineapple Smoothie	REGULAR	767	180	V *																			
	LARGE	1001	235	V *																			

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Breakfast

Served until 11:00am

		Energy per portion		Vegetarian	Cereals containing gluten																		
		kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Breakfast Wrap with Ketchup		2768	662		✓	*	*																
Breakfast Wrap with Brown Sauce		2785	666		✓	*	*																
Breakfast Roll with Tomato Ketchup		2084	497		✓	*	*																
Breakfast Roll with Brown Sauce		2100	501		✓	*	*																
Bacon Roll with Tomato Ketchup		1397	332		✓	*	*																
Bacon Roll with Brown Sauce		1414	336		✓	*	*																
Sausage & Egg McMuffin®		1770	424		✓	✓																	
Bacon & Egg McMuffin®		1406	336		✓	✓																	
Double Sausage & Egg McMuffin®		2303	552		✓	✓																	
Double Bacon & Egg McMuffin®		1575	377		✓	✓																	
Egg & Cheese McMuffin®		1237	296		✓	✓																	
Mighty McMuffin® with Tomato Ketchup		2155	516		✓	✓																	
Mighty McMuffin® with Brown Sauce		2165	518		✓	✓	✓																
Muffin with Jam		903	214	V	✓	✓	✓																
Porridge (GB only) § ¥		653	154	V	*		*	✓															
Flahavan's® Porridge Oats (Plain) with Milk (NI only) § ¥		820	194	V	*	*	*	✓															
Pancakes & Syrup		1933	456	V	✓																		
Pancakes with Sausage & Syrup		2466	584	✓	✓																		
Cheesy Bacon Flatbread		1171	280		✓	*	*																
Hash Brown¹		532	127	VE																			

March Food Promotion 2025

26/03/25 - 06/05/25

Subject to availability.

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Cheesy Garlic Bread Dippers		890	214		✓																		
Cheesy Garlic Bread Dippers Sharebox®		2671	641		✓																		
Rich Tomato Dip		175	41	VE																			
Nether Sauce		131	31	VE																			
Apple Cake McFlurry®		1421	337	V	✓		*	*			*												
Apple Cake Mini McFlurry®		711	169	V	✓		*	*			*												
Apple Slices		193	46	VE																			
Philly Cheese Stack		2628	631		✓	*	*																
McCrispy® BBQ Smokehouse		2351	560		✓	✓	*																
The Katsu Chicken One (Grilled)		1444	342		✓	*																	

