



McDonald's Australia

Beverages Menu

Allergen - Ingredients - Nutrition Information

Information correct as at October 2025

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our Beverages menu. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.com.au/contactus> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

Food Sensitivities and Preferences

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.com.au/contactus> or call us on 02 9875 7100.

Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)

	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut								Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour				
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio	Walnut											
COLD BEVERAGES																											
Pop Tops™ Apple Juice																											
CalciYum™ Chocolate Flavoured Milk								P																			
Orange Juice																								P			
Coca-Cola®																								P		P	
Coca-Cola® Zero Sugar																								P	P	P	
Coca-Cola® Vanilla																								P		P	
Fanta® Orange																								P	P	P	
Fanta® Raspberry																								P	P	P	
Sprite®																								P		P	
Sparkling Water																											
Frozen Coke®																									P	P	
Frozen Coke® Zero Sugar																								P	P	P	
Frozen Fanta® Flavours																								P	P	P	
Frozen Coke® + Frozen Fanta® Flavour																								P	P	P	
Frozen Coke® Zero Sugar + Frozen Fanta® Flavour																								P	P	P	
THICKSHAKES																											
Chocolate Thickshake									P															P		P	
Strawberry Thickshake									P															P	P	P	
Vanilla Thickshake								P																P	P	P	
FRAPES																											
Chocolate Frappé	P	P						P																P	P	P	
Coffee Frappé	M	M						P																P	P	P	
Salted Caramel Frappé	M	M						P																P	P	P	
WATER																											
Cool Ridge Water																											
Pop Tops™ Water																											

Chart key:

P: Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.

M: Ingredient MAY BE present

COLD BEVERAGES

Pop Tops™ Apple Juice

Reconstituted Apple Juice, Food Acid (Citric Acid), Vitamin C (Ascorbic Acid), Natural Flavour.

Pop Tops™ Apple Juice		
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	540	216
Energy (Cal)	129	52
Protein (g)	<1.0	<1.0
Fat, total (g)	<1.0	<1.0
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	29.5	11.8
Sugars (g)	29.5	11.8
Sodium (mg)	18	7

CalciYum™ Chocolate Flavoured Milk

Low Fat Milk, Sugar, Cocoa, Vegetable Gums (460, 466, 407), Mineral (Calcium Carbonate), Flavours, Vitamin D.

CalciYum™ Chocolate Flavoured Milk		
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	633	253
Energy (Cal)	151	61
Protein (g)	8.3	3.3
Fat, total (g)	3.5	1.4
Saturated Fat (g)	2.3	0.9
Carbohydrate (g)	20.5	8.2
Sugars (g)	20.0	8.0
Sodium (mg)	98	39

Orange Juice

When Reconstituted Fruit Juice Contains: Orange Juice from Concentrate, Preservatives (211, 202), Colour (160a), Stabiliser (415), Flavour.

		Small	Medium	Large
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	467	156	670	156
Energy (Cal)	112	37	160	37
Protein (g)	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0
Carbohydrate (g)	28.5	9.5	40.8	9.5
Sugars (g)	24.3	8.1	34.8	8.1
Sodium (mg)	20	7	29	7
			41	7

Coca-Cola®

COCA-COLA®: Carbonated Water, Sugar, Colour (150d), Acidity Regulator (338), Flavour, **Caffeine**.

		Small	Medium	Large
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	397	173	568	173
Energy (Cal)	95	41	136	41
Protein (g)	0.0	0.0	0	0
Fat, total (g)	0.0	0.0	0.0	0
Saturated Fat (g)	0.0	0.0	0	0
Carbohydrate (g)	24.3	10.6	34.7	10.6
Sugars (g)	24.3	10.6	34.7	10.6
Sodium (mg)	23	10	33	10
			50	10

Coca-Cola® Zero Sugar

COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, **Caffeine**.

Contains: **Phenylalanine, Caffeine**.

		Small	Medium	Large
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	8	3	10	3
Energy (Cal)	2	0.6	3	0.6
Protein (g)	0.2	0.1	0.2	0.1
Fat, total (g)	0.0	0.0	0.0	0
Saturated Fat (g)	0.0	0.0	0	0
Carbohydrate (g)	0.3	0.1	0.4	0.1
Sugars (g)	0.0	0.0	0.0	0
Sodium (mg)	33	11	45	11
			64	11

Coca-Cola® Vanilla

COCA-COLA® VANILLA: Carbonated Water, Sugar, Colour (150d), Food Acids (338), Flavour, **Caffeine**.

Contains: **Caffeine**.

		Small	Medium	Large
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	421	184	624	184
Energy (Cal)	101	44	149	44
Protein (g)	0.1	0.1	0	0.1
Fat, total (g)	0.0	0.0	0.0	0
Saturated Fat (g)	0.0	0.0	0	0
Carbohydrate (g)	24.6	10.8	36.7	10.8
Sugars (g)	24.6	10.8	36.7	10.8
Sodium (mg)	2	1	3	1
			5	1

COLD BEVERAGES

Fanta® Orange

FANTA® ORANGE: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Antioxidant (300), Colour (110).

	Small	Medium	Large			
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	501	219	716	219	1100	219
Energy (Cal)	120	52	171	52	262	52
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	30.9	13.5	44.2	13.5	67.6	13.5
Sugars (g)	30.9	13.5	44.2	13.5	67.6	13.5
Sodium (mg)	34	15	49	15	75	15

Fanta® Raspberry

FANTA® RASPBERRY: Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Sweetener (960), Colour (122).

	Small	Medium	Large			
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	299	131	428	131	655	131
Energy (Cal)	72	31	102	31	156	31
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	18.1	7.9	25.9	7.9	39.6	7.9
Sugars (g)	18.1	7.9	25.9	7.9	39.6	7.9
Sodium (mg)	9	4	13	4	20	4

Sprite®

SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211).

	Small	Medium	Large			
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	388	169	555	169	848	169
Energy (Cal)	93	40	133	40	203	40
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	23.7	10.3	33.8	10.3	51.8	10.3
Sugars (g)	23.7	10.3	33.8	10.3	51.8	10.3
Sodium (mg)	34	15	50	15	76	15

Sparkling Water

Carbonated Water.

	Small	Medium	Large			
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	0	0	0	0	0	0
Energy (Cal)	0	0	0	0	0	0
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	0.0	0.0	0.0	0.0	0.0	0.0
Sugars (g)	0.0	0.0	0.0	0.0	0.0	0.0
Sodium (mg)	5	2	5	2	5	2

Frozen Coke®

Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, **Caffeine**.

Contains: **Caffeine**.

	Small	Medium	Large			
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	391	112	548	112	738	112
Energy (Cal)	93	27	131	27	176	27
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	24.1	6.9	33.8	6.9	45.5	6.9
Sugars (g)	24.1	6.9	33.8	6.9	45.5	6.9
Sodium (mg)	19	5	26	5	36	5

Frozen Coke® Zero Sugar

FROZEN COKE® NO SUGAR: Carbonated Water, Sweeteners (968, 955, 950), Bulking Agent (422), Colour (150d), Food Acid (338), Preservative (211), Flavour, Caffeine.

Contains: **Phenylalanine, Caffeine**.

	Small	Medium	Large			
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	35	10	49	10	66	10
Energy (Cal)	8	2	12	2	16	2
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	2.1	0.6	2.9	0.6	4.0	0.6
Sugars (g)	0.0	0.0	0.0	0.0	0.0	0.0
Sodium (mg)	7	2	10	2	14	2

COLD BEVERAGES

Frozen Fanta® Flavours

FANTA® BLUEBERRY FLAVOUR: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (133).
 FANTA® RASPBERRY FLAVOUR: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (122).
 FANTA® ORANGE FLAVOUR: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (110), Antioxidant 300.
 FANTA® LEMON FLAVOUR: Carbonated Water, Sugar, E330, E211, Flavour, E331, Colour.

Neutral White Base used in combination with multi-flavour valve flavour shots.

All FROZEN flavours have the same nutritional content.

	Small	Medium	Large			
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	391	112	548	112	738	112
Energy (Cal)	93	27	131	27	176	27
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	24.2	6.9	33.8	6.9	45.5	6.9
Sugars (g)	24.2	6.9	33.8	6.9	45.5	6.9
Sodium (mg)	6	2	9	2	12	2

FSB Mixology: Frozen Coke® + Frozen Fanta® Flavour

FROZEN COKE®: Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, **Caffeine**.
 FANTA® BLUEBERRY FLAVOUR: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (133).
 FANTA® RASPBERRY FLAVOUR: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (122).
 FANTA® ORANGE FLAVOUR: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (110), Antioxidant 300.
 FANTA® LEMON FLAVOUR: Carbonated Water, Sugar, E330, E211, Flavour, E331, Colour.

Contains: Caffeine.

Neutral White Base used in combination with multi-flavour valve flavour shots.

All FROZEN flavours have the same nutritional content.

	Small	Medium	Large			
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	391	112	548	112	738	112
Energy (Cal)	93	27	131	27	176	27
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	24.2	6.9	33.8	6.9	45.5	6.9
Sugars (g)	24.2	6.9	33.8	6.9	45.5	6.9
Sodium (mg)	12	4	17	4	23	4

FSB Mixology: Frozen Coke® Zero Sugar + Frozen Fanta® Flavour

FROZEN COKE® NO SUGAR: Carbonated Water, Sweeteners (968, 955, 950), Bulking Agent (422), Colour (150d), Food Acid (338), Preservative (211), Flavour, **Caffeine**.
 FANTA® BLUEBERRY FLAVOUR: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (133).
 FANTA® RASPBERRY FLAVOUR: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (122).
 FANTA® ORANGE FLAVOUR: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (110), Antioxidant 300.
 FANTA® LEMON FLAVOUR: Carbonated Water, Sugar, E330, E211, Flavour, E331, Colour.

Contains: Phenylalanine, Caffeine.

Neutral White Base used in combination with multi-flavour valve flavour shots.

All FROZEN flavours have the same nutritional content.

	Small	Medium	Large			
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	214	61	299	61	403	61
Energy (Cal)	51	15	71	15	96	15
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	13.1	3.8	18.4	3.8	24.8	3.8
Sugars (g)	12.1	3.4	16.9	3.4	22.8	3.4
Sodium (mg)	7	2	10	2	13	2

THICKSHAKES

Chocolate Thickshake

SHAKE MIX: **Milk**, Milk Solids, Sugar, Maltodextrin (derived from Maize), Cream (**Milk**), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.
 OR: **Milk**, Sugar, Milk Solids, Skim **Milk**, Cream (**Milk**), Maltodextrin (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.
 OR **Milk**, Sugar, Milk Solids, Maltodextrin (derived from Maize and Tapioca), Cream (**Milk**), Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).
 CHOCOLATE SHAKE SYRUP: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Natural Flavours.

Contains: Milk.

	Small	Medium	Large			
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1140	523	1540	523	1870	523
Energy (Cal)	273	125	369	125	448	125
Protein (g)	8.2	3.8	11.1	3.8	13.5	3.8
Fat, total (g)	7.3	3.4	9.9	3.4	12.0	3.4
Saturated Fat (g)	4.9	2.3	6.6	2.3	8.1	2.3
Carbohydrate (g)	47.8	21.8	64.5	21.8	78.2	21.8
Sugars (g)	41.3	18.9	55.7	18.9	67.6	18.9
Sodium (mg)	167	76	225	76	273	76

Strawberry Thickshake

SHAKE MIX: **Milk**, Milk Solids, Sugar, Maltodextrin (derived from Maize), Cream (**Milk**), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.
 OR: **Milk**, Sugar, Milk Solids, Skim **Milk**, Cream (**Milk**), Maltodextrin (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.
 OR **Milk**, Sugar, Milk Solids, Maltodextrin (derived from Maize and Tapioca), Cream (**Milk**), Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).
 STRAWBERRY SHAKE SYRUP: Invert Sugar Syrup, Water, Glucose Syrup, Sugar, Natural Colour (162), Acidity Regulator (330), Natural Flavours, Preservative (202).

Contains: Milk.

	Small	Medium	Large			
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1190	521	1530	521	1900	521
Energy (Cal)	285	125	364	125	453	125
Protein (g)	7.6	2.2	9.8	2.2	12.2	2.2
Fat, total (g)	6.9	2.0	8.8	2.0	11.0	2.0
Saturated Fat (g)	4.6	1.4	6.0	1.4	7.4	1.4
Carbohydrate (g)	47.0	13.7	60.6	13.7	75.4	13.7
Sugars (g)	41.9	12.2	54.0	12.2	67.2	12.2
Sodium (mg)	105	31	156	31	169	31

THICKSHAKES

Vanilla Thickshake

SHAKE MIX: **Milk**, **Milk** Solids, Sugar, Maltodextrin (derived from Maize), Cream (**Milk**), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.
 OR: **Milk**, Sugar, **Milk** Solids, Skim **Milk**, Cream (**Milk**), Maltodextrin (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.
 OR **Milk**, Sugar, **Milk** Solids, Maltodextrin (derived from Maize and Tapioca), Cream (**Milk**), Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).
 VANILLA SHAKE SYRUP: Water, Sugar, Invert Sugar Syrup, Glucose Syrup, Burnt Sugar Syrup, Natural Flavour, Preservative (202), Acidity Regulator (330).

Contains: **Milk**.

	Small	Medium	Large			
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1080	513	1420	513	1820	513
Energy (Cal)	257	123	339	123	433	123
Protein (g)	7.0	2.1	9.3	2.1	11.8	2.1
Fat, total (g)	6.3	1.9	8.4	1.9	10.7	1.9
Saturated Fat (g)	4.3	1.3	5.7	1.3	7.2	1.3
Carbohydrate (g)	42.4	12.5	55.9	12.5	71.4	12.5
Sugars (g)	39.1	11.6	51.6	11.6	65.9	11.6
Sodium (mg)	96	28	127	28	162	28

FRAPPES

Chocolate Frappé

CHOCOLATE FRAPPE BASE: **Milk** and/or Skim **Milk** (Reconstituted), Sugar, Cream (**Milk**), **Milk** Solids, Cocoa Powder, Emulsifier (471), Stabilisers (412, 410, 466, 407a, 407, Sucrose), Chocolate Flavour, Malt Flavour and/or Malt Extract (from **Wheat** and/or **Barley**).
 ICE: Water.
 WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
 CHOCOLATE DRIZZLE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401).

Contains: **Gluten, Wheat, Milk**.

	Medium	Large		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	2470	471	2790	474
Energy (Cal)	590	113	667	113
Protein (g)	9.9	1.9	11.1	1.9
Fat, total (g)	24.4	4.7	28.2	4.8
Saturated Fat (g)	16.9	3.2	19.6	3.3
Carbohydrate (g)	80.8	15.4	90.0	15.3
Sugars (g)	75.4	14.4	84.0	14.3
Sodium (mg)	140	27	156	27

Coffee Frappé

COFFEE FRAPPE BASE: **Milk** and/or Skim **Milk** (Reconstitutes), Sugar, Cream (**Milk**), **Milk** Solids, Coffee Powder, Emulsifier (471), Stabiliser (412, 410, 466, 407a, 407, Sucrose), Colours (150c, 150d), Coffee Flavour, Vanilla Flavour.
 ICE: Water.
 WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
 CHOCOLATE DRIZZLE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401).

Contains: **Milk, Caffeine**.

May be present: **Gluten, Wheat**.

	Medium	Large		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	2440	462	2700	458
Energy (Cal)	582	110	644	109
Protein (g)	11.1	2.1	12.4	2.1
Fat, total (g)	26.5	5.0	29.1	4.9
Saturated Fat (g)	18.2	3.4	19.9	3.4
Carbohydrate (g)	73.1	13.9	81.5	13.8
Sugars (g)	67.6	12.8	75.3	12.8
Sodium (mg)	259	49	289	49

Salted Caramel Frappé

SALTED CARAMEL FRAPPE BASE: Sugar, **Milk** Solids, **Milk**, Cream (**Milk**), Caramel Flavour, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Salt, Colour (150c).
 ICE: Water.
 WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
 CHOCOLATE DRIZZLE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401).

Contains: **Milk**.

May be present: **Gluten, Wheat**.

	Medium	Large		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	2250	427	2490	423
Energy (Cal)	538	102	595	101
Protein (g)	11.8	2.2	13.2	2.2
Fat, total (g)	28.4	5.4	31.1	5.3
Saturated Fat (g)	19.4	3.7	21.3	3.6
Carbohydrate (g)	58.7	11.1	65.3	11.1
Sugars (g)	57.9	11.0	64.5	11.0
Sodium (mg)	570	108	638	108

WATER

Cool Ridge 600mL Water

Spring Water.

Cool Ridge 600mL Water		
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	0	0
Energy (Cal)	0	0
Protein (g)	0.0	0.0
Fat, total (g)	0.0	0.0
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.0	0.0
Sugars (g)	0.0	0.0
Sodium (mg)	33	6

Pop Top™ Water

Spring Water.

Pop Top™ Water		
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	0	0
Energy (Cal)	0	0
Protein (g)	0.0	0.0
Fat, total (g)	0.0	0.0
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.0	0.0
Sugars (g)	0.0	0.0
Sodium (mg)	5	2

Change Tracker:

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

Date	Document Number/Revision Number	Document Title	Issued	Upload Date	Description
7/10/2025	79	Aus Main Drinks Menu_October 2025	7/10/2025	8/10/2025	Remove: Frozen Sprite® Frozen Flavour; Add Frozen Lemon Fanta® Flavour, FSB Mixology
6/06/2025	78	Aus Main Drinks Menu_June 2025	6/06/2025	10/06/2025	Updated Orange Juice formulation; removed allergens gluten, wheat, soy
5/05/2025	77	Aus Main Drinks Menu_May 2025	5/05/2025	5/05/2025	Updated Orange Juice formulation; to include allergen containing formulation (gluten, wheat, soy) and allergen free formulation
5/05/2025	76	Aus Main Drinks Menu_May 2025	5/05/2025	5/05/2025	Updated Orange Juice formulation; removed allergens gluten, wheat, soy
26/11/2024	75	Aus Main Drinks Menu_November 2024	26/11/2024	27/11/2024	Updated Orange Juice formulation; added new allergens gluten, wheat, soy
15/10/2024	74	Aus Main Drinks Menu_October 2024	15/10/2024	16/10/2024	Removed Orange Fruit Drink
22/05/2024	73	Aus Main Drinks Menu_May 2024	22/05/2024	29/05/2024	Updated Orange Juice formulation; removed trial containing allergens
2/04/2024	72	Aus Main Drinks Menu_April 2024	2/04/2024	2/04/2024	Updated to include Orange Juice (with new allergens) and Sprite® and Fanta® Raspberry; remove previous syrup formulation for chocolate, strawberry and vanilla shakes
9/02/2024	71	Aus Main Drinks Menu_February 2024	20/02/2024	20/02/2024	Updated allergen information for PEAL legislative requirements